



PRIVATE YOGA CLASS

Practice yoga at the comfort of your Villa

Hatha Yoga

Vinyasa Yoga

Power Yoga Flow

Yoga for beginners

Gentle Yoga

Guided Meditation

Yoga + Meditation

Yoga Nidra

Cost

\$135 USD - 1-3 people

\$35 USD - per person extra



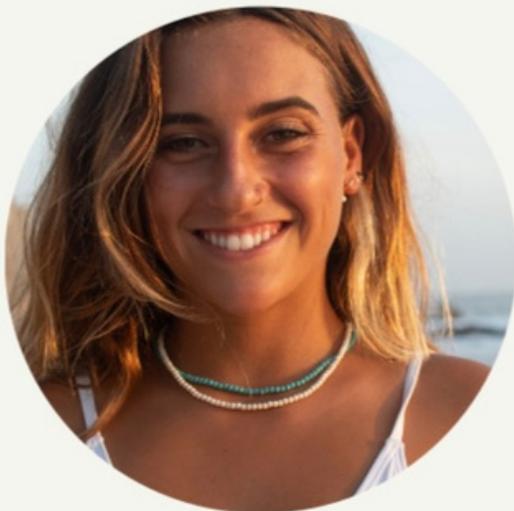
- *A 50% non refundable deposit is required to confirm the class.*
- *Prices accurate for for CSL & SJD.*
- *Any changes may be requested up to 48hrs prior to the class.*
- *Guaranteed headcount: Cost remains fixed regardless of any participant cancellations.*
- *Ask for Holiday or special event costs!*

PRIVATE YOGA CLASS

with *Carolina*

Carolina aims to help you, through conscious breath and movement, connect with yourself on a deeper level, remembering your natural spirituality, all the while having fun, exploring and sharing with friends and family during your memorable vacation in Los Cabos.

She hopes at the end of practice you will feel relaxed, calm, joyful and full of energy to enjoy the rest of your day.



*Carolina is a 200hr YTT certified yoga teacher since 2015.

*Some of her past studies include Dharma Yoga, Vipassana and Shiva Yoga.